

POST VASECTOMY ASSESSMENT (PVAS)

INSTRUCTIONS FOR THE COLLECTION OF A PVAS SEMEN SPECIMEN

MONDAY through THURSDAY, 8:00AM- 3:00PM (ONLY)– Post-Vasectomy samples must be collected in the sterile cup provided by your doctor or the laboratory. Do not allow the sample to be cooled below 68°F or warmed above 90°F. Keep specimen as close to body temperature as possible. Post-Vasectomy specimens must be received in the testing department **within one hour** to ensure adherence to AUA guidelines for assessment of sperm motility.

To achieve optimal PVAS results, private rooms for on-site collections are provided **at the following NorDx Laboratories ONLY:**

- NorDx Pen Bay Hospital: 6 Glen Cove, Rockport ME, 04856
 - NorDx Waldo Hospital: 118 Northport Ave, Belfast, ME 04915
 - NorDx Lincoln Hospital: 35 Miles St. Damariscotta, ME 04543
 - NorDx Franklin Hospital: 111 Franklin Health Commons, Farmington, ME 04938
 - NorDx Memorial Hospital: 3073 White Mountain Highway, North Conway, NH 03860
 - NorDx MidCoast Hospital: 123 Medical Center Dr, Brunswick, ME 04011
 - NorDx Scarborough PSC: 100 Campus Drive, Scarborough, ME 04074 (**West Entrance**)
- To set up an appointment for the Scarborough PSC, please call the Customer Solutions Department (phone number below) or go to:**

<https://www.mainehealth.org/NorDx/Patient-Service-Centers/Online-Scheduling>

Read All Instructions Before Collecting the Specimen

How to Collect

Specimen containers are provided by NorDx. *Obtain the semen sample by masturbation. Do not use lubricants or condoms. The specimen and the container must be free of any other substances, including water, body fluids, or chemicals. Collect the complete ejaculate directly into the container provided. After collecting the sample, make sure the screw top lid is tightly closed to prevent leaking. Label container with your full legal last name, first name, date of birth and the date and time that it was collected.

*Interrupted intercourse, or using methods other than as instructed above, may prevent collection of the complete sample or add substances that affect testing. The test results will not be correct, and the doctor may request a new specimen.

Please Answer the Questions Below:

1. Was this specimen collected following all the instructions above?

Yes or No (circle one) If No, please provide explanation.

2. Were you able to collect the entire sample in the cup?

Yes or No (circle one)

3. How many days has it been since you last ejaculated? For example: had sex or masturbated? Between 2 and 7 days should elapse between the day of the collection and the previous ejaculation.

2 3 4 5 6 7 (circle the number of days or provide explanation) _____

4. Is this a post vasectomy collection?

Yes or No (circle one)

5. Was the specimen collected at NorDx?

(_____)

Yes or No (circle one)

Date/Time Collected

Patient Signature (_____) Patient Name Printed (_____)

Please call NorDx at 207-396-7830 or 1-800-773-5814 with any questions.

Please note: Only physicians can release the results of the analysis to patients.